

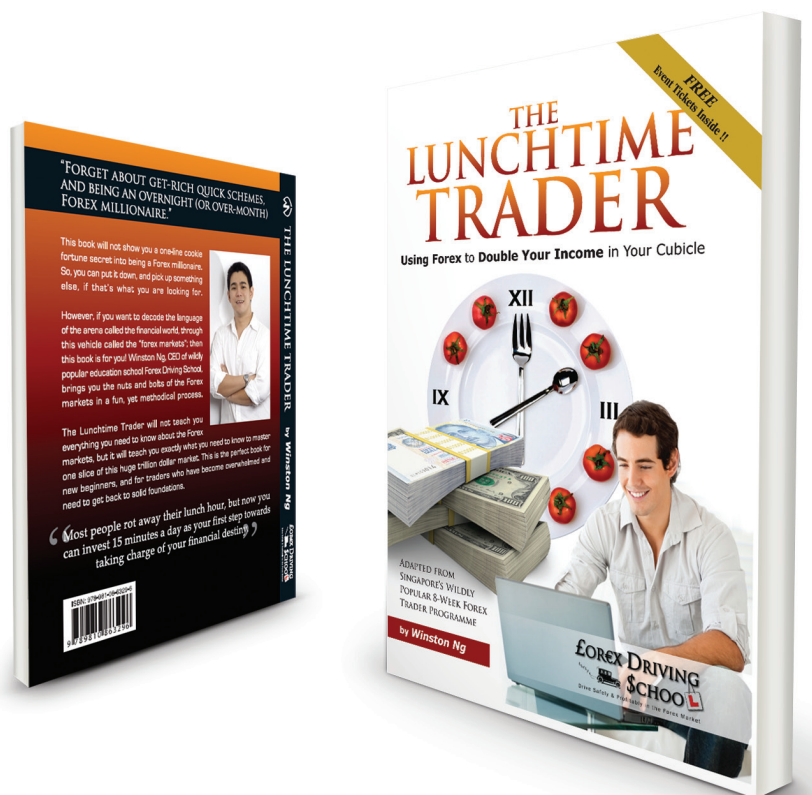
# The Lunchtime Trader: Using Forex To Double Your Income In Your Cubicle

**A**midst a sea of get-rich-quick schemes and books, it works for a book that enhances wealth to have a sensible title like "The Lunchtime Trader". Decidedly for "trading babies" who want to start trading in a financial market, this self-help book is a useful opener to the world of forex trading. In fact, as the title suggests, the book is really about devising a realistic and sustainable way to start trading by starting small.

Author Winston Ng makes a strong yet simple argument for forex trading and why it should be achievable for almost anyone to start trading profitably during their lunchtime. Just reading the opening chapter is enough to convince you that everything that seems complex in forex trading will be explained to you in simple layman terms. And the book does just that – it introduces you to proven strategies in forex trading which are easily understood and applied.

Adapted from a popular 8-week forex trader programme, the book provides you the methods and techniques needed to effectively feel and ride the market. Essential terms and concepts like spreads, pips, market volatility and direction are clearly explained with good examples and simple visuals. Readers can learn to understand trend charts and market patterns in a few short chapters.

More importantly, Ng freely dispenses valuable trading advice throughout the book. His nuggets of wisdom and experience are many but they are also not limited to just forex



trading. In fact, his approach is as rational and realistic as they come, when it comes to any form of trading or investing.

In short, if you have heard much about forex trading but have never really gotten round to really understanding it, this book may just be the ticket to make you start your forex trading. What's more, as Ng advocates in his book, patience is key to being successful. And if you are really disciplined and cautious, your lunch hour may just become more profitable! ■

## ABOUT THE AUTHOR

**Winston Ng** is CEO of Forex Driving School. Having majored in Psychology at the National University of Singapore, he went into trading while in school. He has since changed his trading style to take longer term positions. He also runs personal development programmes that help people define their life purpose. He thinks that ultimately, any trading education is not about the specific markets, but how the markets interact together. Once the proper rules are learnt and there is a good understanding of how markets work, he believes a trader can slice out a portion of the market that suits him best.

**The Lunchtime Trader: Using Forex To Double Your Income In Your Cubicle**  
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